

# 男女共同参画推進センター／保健センター

Center for Gender Equality Promotion / Health Center

## 男女共同参画推進センター Center for Gender Equality Promotion

すべての教職員が十分な能力を発揮できるよう、働きやすい職場環境の整備や仕事と家庭の両立を支援するためのハッピーチャージ(幸せの蓄積)プロジェクトを推進しています。具体的には、学内保育園・病児保育の整備、医師の短時間勤務制度導入、快適な職場環境のための設備改善、病院女性医師の交流会開催、働きやすい職場づくりに向けた各種調査、啓発を目的とした研修会を実施しています。

The Center for the Promotion of Gender Equality has promoted the Happy Charge (Accumulation of Happiness) Project to support the development of a comfortable work environment and the balance between work and family life so that all faculty members can fully demonstrate their abilities in the workplace.

Specifically, the center is developing on-campus nursery schools and childcare facilities for sick children, introducing a system of shorter working hours for medical doctors, improving facilities for a comfortable work environment, holding exchange meetings for female medical doctors at the hospital, conducting various surveys aimed at creating a comfortable workplace, and conducting training sessions to raise awareness.



ラマティー保育園 Ramatti Nursery School

## 保健センター Health Center

「産業医科大学の学生と職員の健康保持増進に対する支援」を行うための施設として、本学開学の翌年(昭和54年)に設置。センター長、副センター長、保健師、臨床検査技師、事務職員で構成されています。主な活動内容は、健康診断、ストレスチェック、予防接種等の感染症対策、心身の健康に関する相談や衛生教育などに加え、軽微な体調不良者に対する処置や処方も行っています。

また、近年、我が国で増加している心の健康問題についても、きめ細やかな支援を実施しており、予防的な対策にも重点的に取り組んでいます。

学生と教職員が心身ともに健康で充実した生活を送れるよう、日々の活動を通して、大学や病院の運営に貢献することを目指しています。

The Health Center was established in 1979, a year after the establishment of the university, as an institution for "supporting and promoting the health of students and staff in the university." Its staff includes a Director, a Vice Director, occupational health nurses, clinical laboratory technician, and administrative staff. It provides physical and mental checkups, infection control such as protective vaccinations, physical and mental counseling, and health education, in addition to treatment and medical prescription for people in mildly ill conditions. It also provides the most elaborate supports and precautions against mental health problems that have been increasing in society in recent years. The Center aims to contribute positively to the management of the university and the hospital through its daily health assistance so that the students and staff can lead healthy and productive lives.



保健センター Health Center